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**For Immediate Release**

**Theresa Szczurek Offers Help to Overcome Tough Economic Times  
*Management Consultant Launches Online Group Coaching Program***

**Boulder, Colo.** (Oct. 20, 2008) – Boulder-based management consultant Theresa M. Szczurek is launching a new online coaching program for groups in November. The program is based on Szczurek's proven "Pursuit of Passionate Purpose" framework, designed to help people and organizations grow to new heights in performance, productivity and passion. It is especially useful in overcoming hard times.

"Especially given today's economic challenges, many firms need help to grow and prosper," says Szczurek, CEO of Technology and Management Solutions LLC. "Individuals need help to put fears to rest and take positive action. What is your plan for overcoming the challenging economic times? Hope is not a strategy. However, a well-thought out plan and help in executing it is the answer. Normally when I go into a company to consult on strategic planning and execution, market development, people and process alignment, and organization and individual development, I charge thousands of dollars. My clients tell me it's well worth the investment. When I work online in a group setting I can bring the price down to meet your needs."

Szczurek's Group Learning and Coaching Program includes three, hour-long interactive sessions per month, over three months as well as support from an online international community and discounts on Szczurek's other learning resources. Over three months, Szczurek leads the group through a step-by-step workshop to assess, clarify passion and purpose, and develop a plan of action. The program, which is run via audio and web conferencing, begins Nov. 5.

"If you wanted to attain your best athletic performance you'd hire a coach," continues Szczurek "Lance Armstrong wouldn't have won the Tour de France an amazing seven times – and come out of retirement at the age of 37 – without his coach, Chris Carmichael. Attaining your best business performance requires the same kind of planning, support and training regimen."

With the help of her coach, Szczurek developed her formula for success, which she relates in her bestselling book "Pursuit of Passionate Purpose." Using this formula Szczurek was able to build a technology company that she sold for \$40 million in a six-year span.

The cost for the group coaching program is \$149 per month. Szczurek is offering a limited time initial sign-up of \$97 per month for those who sign up by 10/31/08. For more information and to sign up visit [www.TMSworld.com](http://www.TMSworld.com) or call 303-443-8674.

**Theresa M. Szczurek, Ph.D.** is the founder and CEO of Technology and Management Solutions, LLC (TMS), a management consulting firm that helps organizations and leaders reach new heights by igniting their passion, aligning it with a meaningful purpose, and pursuing it relentlessly as a means to produce extraordinary results. Szczurek is also author of the bestselling "Pursuit of Passionate Purpose," in which she provides her proven, step-by-step formula for success, and the popular blog Radish Sprouts ([www.RadishSprouts.typepad.com](http://www.RadishSprouts.typepad.com)). Visit [www.PursuitofPassionatePurpose.com](http://www.PursuitofPassionatePurpose.com) and [www.TMSworld.com](http://www.TMSworld.com).